Hotel Utah Saloon

VEGAN FRIENDLY

500 4th Street (At Bryant), San Francisco (415) 546-6300 www.thehotelutahsaloon.com

Californian \$5-\$10 Credit Card/Cash

Vegan dishes include the Hummus Plate and Veggie Burger with Vegan Romesco Sauce, Fries and Onion Rings. Vegetarian dishes include Warm Spinach Salad, Mixed Green Salad, Vegetarian Quesadillas, and Melvin's Special Nachos. Salads can easily be made vegan upon request.

Hours: Food: 11am - 11pm M-F, and 6-11pm Sat-Sun.Bar: open til 2 every night

Transit: The 27 Bryant, 47 Van Ness and 9X stop on Bryant. The 30 Stockton and 45 Union-Stockton stop

on 4th Street (return route on 3rd Street). Or take the N Judah to Caltrain/Mission Bay and walk 3

blocks on 4th Street to Bryant.

Rainbow Grocery

Natural Food Store

Credit Card/Cash

1745 Folsom St, San Francisco (415) 863-0621 www.rainbowgrocery.org/

Natural foods co-op the size of a large Safeway with a big selection of organic produce, bulk items, canned & frozen foods, fair trade coffees and other earth-friendly products you'd expect. Fun place to shop for vegans. Extensive selection of baked items, including whole vegan cakes from Black China, MaggieMudd Freestyle ice cream, etc. Some supplements and cat/dog food are the only items that aren't vegetarian.

Hours: Open Daily: 9am-9pm; Check website for holiday schedule.

Parking: Free private parking but the lot is small.

What's Up Dog?

VEGAN FRIENDLY

Howard Street at Beale, San Francisco

Deli/Sandwich

\$5-\$10

Hot Dog stand with two Tofurky hot dog options.

Parking: Difficult

Transit: Very accessible - one block from major transportation hub

Whole Foods Market

Natural Food Store

399 4th Street, San Francisco (415) 618-0066

wholefoods.com/stores/list_CA-n.html

Credit Card/Cash

In store deli of readily available items includes selection of vegetarian and vegan foods. Sold by the lb. Limited indoor seating for deli.

Hours: 8am to 9pm seven days a week.

San Francisco - Sunset

Beach Burrito

VEGAN FRIENDLY

3914 Judah St (at 44th Ave), San Francisco (415) 731-2004

Californian \$5-\$10

All beans and rice are cooked vegan. They also have tofu options. Close to Other Avenues, a natural foods grocery co-op.

Hours: Mon-Sat: 11am-9pm; Sun: 11am-7pm

Parking: Easy street parking.