



V BAY AREA VEGETARIANS ULTIMATE GUIDE

World famous for the Golden Gate Bridge, San Francisco is also popular for its 30 vegan and vegetarian restaurants. With 139 vegetarian and vegan restaurants in the broader SF Bay Area (435 if you include the vegetarian friendly), you can eat veg-style with compassion and diversity from African to Chinese to Japanese to Thai... one of the best reasons why so many leave their healthy hearts in San Francisco.

To help you find vegetarian foods and services, check out The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area (UG). UG is an online tool that allows you to search by City, Neighborhood or General Area for vegetarian foods or services. This printed list was created by UG and contains 646 entries. In its complete form, there are over 651 entries for restaurants featuring vegetarian foods or businesses tailored towards vegetarians, with over 2017 customer reviews.

UG is a service provided by Bay Area Vegetarians. Bay Area Vegetarians is a San Francisco Bay Area wide group for vegetarian and animal rights folks to connect and find support with like-minded people. Our activities & events encourage and educate the community on the benefits of a plant-based diet, and our 3 mailing lists support/connect the community. We are a 100% volunteer, plant-powered organization with over 1500 members throughout the Bay Area and the world.

Bay Area Vegetarians hosts about 10-15 events a month, including:

- Monthly restaurant dinners in SF, East Bay, Peninsula, South Bay, & North Bay
- Delicious Vegan Food Parties
- Hikes and camping trips
- Advocacy events including letter writing parties and Street TV
- And other special events throughout the year

Membership is free, and donations from supporters are gratefully accepted. To use UG or learn more about our organization and upcoming events, please visit our website at www.BayAreaVeg.org

Note: Information in this Guide was compiled from members of our community and the public. Please share any updates or additions by contacting us via our website.

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Alameda

Restaurants & Food Vendors -

Cream (Vegan Friendly/Bakery/Dessert), 2630 5th St. Ste A, (510)-239-4803 (creamnation.com)

Food Stores -

Alameda Natural Grocery, 1650 Park St., (510) 865-1500

Farmers Markets -

Alameda Farmers' Market, Taylor and Webster street, (800) 949-3276 (ma.com/marketdetail.php?market_id=1)

Albany

Restaurants & Food Vendors -

Lanesplitter Pizza (Vegan Friendly/Pizza), 1051 San Pablo Ave, (510) 527-8375

Potala Vegan Restaurant (Vegan/Tibetan), 1045 San Pablo Ave, (510) 528-2375 (www.potala.us)

Services -

Thauna Abrin, ND, 828 San Pablo Ave. Ste 115 , (510) 282-2104 (www.drthauna.com/07/sg.php?home)

Antioch

Restaurants & Food Vendors -

Go Vegan (Vegetarian/Vietnamese), 2940 Delta Fair Blvd, (925) 777-9117

Aptos

Food Stores -

Aptos Natural Foods, 7506 Soquel Dr, (831) 685-3334

Belmont

Restaurants & Food Vendors -

Hobee's (Vegetarian Friendly/Californian), 1101 Shoreway Road, (650) 596-0400 (www.hobees.com)

Farmers Markets -

Belmont Farmers' Market, El Camino Real and O'Neill, (800) 949-3276 (ma.com/marketdetail.php?market_id=2)

Services -

Currysutra, , (650) 759-3559 (www.currysutra.com)

Benicia

Restaurants & Food Vendors -

Aroma Indian Cuisine (Vegan Friendly/Indian), 818 First Street, (707) 927-3347

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Farmers Markets -

Benicia Farmers' Market, First and B streets, (707) 745-9791

Services -

Fox and Fawn Bakehouse, , (707) 280-0667 (foxandfawn.com)

Berkeley

Restaurants & Food Vendors -

Bobby G's Pizzeria (Vegan Friendly/Pizza), 2072 University Avenue, 510-665-8866 (www.bobbygspizzeria.com)

Bongo Burger (Vegan Friendly/Burgers), 2154 Center Street, (510) 548-7700 (bongoburger.com/menu.htm)

Cafe Tibet (Vegan Friendly/Tibetan), 2020 University Ave, (510) 548-5553 (www.cafetibetberkeley.com)

Cafe Valparaiso (Vegetarian Friendly/Latin/South American), 3105 Shattuck Ave, (510) 841-3800

Cha-Ya (Vegan/Japanese/Sushi), 1686 Shattuck Ave, (510) 981-1213

Cinnaholic (Vegan/Bakery/Dessert), 2132 Oxford Street, (510) 647-8684 (www.cinnaholic.com)

Coffee Conscious (Vegetarian), 1312 Gilman St, none (/www.vegandonut.farm/locations-berkeley)

Cream (Vegan Friendly/Bakery/Dessert), 2399 Telegraph Ave., (510) 649-1000 (creamnation.com)

Easy Creole (Vegan Friendly/Cajun/Creole), 1761 Alcatraz Ave, (510) 858-5063 (easycreole.com)

Ethiopia Restaurant (Vegan Friendly/Ethiopian), 2955 Telegraph, (510) 843-1992 (www.ethiopiarestaurant.com)

Flacos (Vegan/Mexican), 3031 Adeline St, (510) 981-8081 (www.flacos.com)

Gather (Vegan Friendly/Californian), 2200 Oxford, (510) 809-0400 (www.gatherrestaurant.com)

Himalayan Flavor (Vegan Friendly/Himalayan), 1585 University Ave., (510) 704-0174
(himalayanflavors.com/images/menu_two.jpg)

Kaffa Ethiopian Cuisine (Vegan/Ethiopian), 2987 Sacramento St,

Karma Kitchen (Vegetarian/Nepalese), 1700 Shattuck Ave, (karmakitchen.org)

La Cascada (Vegan Friendly/Mexican), 2164 Center St, (510) 704-8688

La Cascada (Vegan Friendly/Mexican), 2975 College Ave., 510.704.1789 510.70

Lanesplitter Pizza & Pub (Vegan Friendly/Pizza), 2033 San Pablo Ave, (510) 845-1652 (www.lanesplitterpizza.com)

Long Life Vegi House (Vegetarian Friendly/Chinese), 2129 University Ave., (510) 845-6072

May Flower (Vegan Friendly/Chinese), 2156 University Ave, (510) 883-9788

Nabolom Bakery (Vegetarian/Bakery/Dessert), 2708 Russell St, (510) 845-BAKE (www.nabolom.com)

Picante (Vegan Friendly/Mexican), 1328 6th St, (510) 525-3121 (www.picante.biz)

Punjabi By Nature (Vegan Friendly/Indian), 2136 Oxford St. , (510) 849-0149

Razan's Organic Kitchen (Vegetarian Friendly/Eclectic/Fusion), 2119 Kittredge St, (510) 486-0449

Red Tomato Pizza House (Vegan/Pizza), 2017 University Ave, (510) 845-6666 (www.redtomatopizzahouse.com)

Sanctuary Bistro (Vegan/Californian), 1019 Camelia St, (510) 558-3381 (www.sanctuarybistro.com)

Saturn Cafe (Vegetarian/Californian), 2175 Allston Way, (510) 845-8505 (www.saturncafe.com)

Smart Alec's Intelligent Food (Vegetarian Friendly/Burgers), 2355 Telegraph Ave, (510) 704-4000

Taste of the Himalayas (Vegan Friendly/Nepalese), 1700 Shattuck ave suite A, (510) 849-4983
(www.tasteofthehimalayas.com)

Thai Delight (Vegan Friendly), 1700 Shattuck Ave, (510) 549-0611 (www.themenupage.com/thaidelight)

The Butcher's Son (Vegan), 1941 University Ave, (thebutchersveganson.com)

The Juice Bar Collective (Vegetarian Friendly/Californian), 2114 Vine St., (510) 548-8473 (thejuicebar.org)

Timeless Coffee (Vegan/Cafe), 2965 College Ave, (510) 990-6592 (timelesscoffeeoasters.com/)

Udupi Palace (Vegetarian/Indian), 1901 University Ave., (510) 843-6600 (www.udupipalaceca.com)

Zachary's Chicago Pizza (Vegan Friendly/Pizza), 1853 Solano Ave., (510) 525-5950
(zacharys.com/locations/berkeley/#)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Berkeley Bowl, 2020 Oregon St, (510) 843-6929 (www.berkeleybowl.com)
Berkeley Bowl West, 920 Heinz Ave., (510) 898-9555 (www.berkeleybowl.com)
Berkeley Natural Grocery, 1336 Gilman Street, (510) 526-2456 (www.naturalgrocery.com)
Produce Center, 1500 Shattuck Ave, (510) 848-8100
Trader Joe's, 1885 University Ave, (510) 204-9074 (www.traderjoes.com)
Whole Foods Market, 3000 Telegraph Ave, (510) 649-1333 (www.wholefoodsmarket.com)

Farmers Markets -

Berkeley Farmers' Market (Saturday), Center Street and Martin Luther King Way, (510) 548-3333 (www.ecologycenter.org/bfm)
Berkeley Farmers' Market (Thursday), Shattuck Avenue and Rose Street, (510) 548-3333 (www.ecologycenter.org/bfm)
Berkeley Farmers' Market (Tuesday), Derby Street and Martin Luther King Way, (510) 548-3333 (www.ecologycenter.org/bfm)

Retail Stores -

Animal Place's Vegan Republic, 1624 University Av, (510) 280-5778 (www.veganrepublicstore.org)
Spa Organica, 886 Colusa Avenue, (510) 528-8000 (www.spa-organica.com/default.html)

Services -

Body Technician, Shattuck Ave & Cedar St, (510) 548-2594 (www.bodytechnician.com)
Karine Brighten Events, , (510) 725-7252 (kbrightenevents.com)
Raw Bay Area, 2930 Domingo Ave #122, (510) 334-8424 (www.rawbayarea.com)

Catering Companies -

Back to Earth, P.O. Box 10104, (510) 652-2000 (www.organiccatering.com)
Tante's, 2234 Roosevelt Ave.,

Boulder Creek

Food Stores -

New Leaf Market, 13159 Highway 9, (831) 338-7211 (www.newleaf.com)

Burlingame

Restaurants & Food Vendors -

Crepevine (Vegetarian Friendly/Californian), 1310 Burlingame Ave, (650) 344-1310
Mingalaba (Vegan Friendly/Burmese), 1213 Burlingame Ave, (650) 343-3228 (www.mingalabarestaurant.com)
Que seRaw seRaw (Vegan/Raw), 1160 Capuchino Avenue, (650) 347-2058 (www.QueSeRawSeRaw.com)

Food Stores -

Earthbeam Natural Foods, 1399 Broadway, (650) 347-2058 (www.earthbeamfoods.com)
Whole Life-Nature's Cupboard, 1314 Burlingame Ave, (650) 344-6279

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Catering Companies -

Bewitching Elegance at Preston's Candy, 1170 Broadway, (510) 469-6976 (www.bewitchingelegance.com)

Campbell

Restaurants & Food Vendors -

Hobee's (Vegetarian Friendly/Californian), 1875 S. Bascom Ave., Unit 190, (408) 369 - 0575 (www.hobees.com)

Psycho Donuts (Vegetarian Friendly/Bakery/Dessert), 2006 S. Winchester Blvd, (408) 378-4540
(www.psycho-donuts.com/index.html)

Food Stores -

Trader Joe's, 1875 Bascom Ave, (408) 369-7823 (traderjoes.com)

Whole Foods Market, 1690 S Bascom Ave, (408) 371-5000 (www.wholefoods.com)

Catering Companies -

Lazeez Dinners, , (408) 655-8701 (www.lazeezdinners.com)

Capitola

Restaurants & Food Vendors -

Cafe Energy (Vegetarian/Juice Bar), 1100 41st Ave, (831) 475-4910 (www.veggiesmoothy.com)

Chill Out Cafe (Vegan Friendly/Californian), 860 41st Ave, (831) 477-0543

Dharma's Natural Foods (Vegetarian/Californian), 4250 Capitola Rd, (831) 462-1717 (www.dharmaland.com)

Food Stores -

New Leaf Market, 1210 41st Ave, (831) 479-7987 (www.newleaf.com)

Trader Joe's, 3555 Clares St, (831) 464-0115 (traderjoes.com)

Whole Foods Market, 1710 41st Avenue, (831) 464-2900 (wholefoodsmarket.com)

Carmel

Lodging -

Tassajara Zen Mountain Center, 39171 Tassajara Road, (831) 659-2229 (www.sfzc.com)

Colma

Restaurants & Food Vendors -

Fresh Choice (Vegan Friendly/Salad Bar), 4927 Junipero Serra Blvd., (650) 757-7892

(www.freshchoice.com/locations_bayarea.html#colma)

Concord

Restaurants & Food Vendors -

Blaze Pizza (Vegan Friendly/Pizza), 1110 Concord Ave, (925) 609-9960 (www.blazepizza.com)

Cream (Vegan Friendly/Bakery/Dessert), 2070 Salvio St., (925) 332-7363 (creamnation.com)

Golden Willow (Vegan Friendly/Chinese), 1848 Willow Pass Road Suite 100, (925) 827-3228

(www.goldenwillowrestaurant.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Memo's Cocina Mexican (Vegan Friendly/Mexican), 2118 Mt Diablo Street, (925) 691-6200
Next Level Burger (Vegan/Burgers), 2085 Diamond Blvd Suite 150, (925) 215-7779 (www.nextlevelburger.com)
Saigon Bistro (Vegan Friendly/Vietnamese), 1701 Willow Pass Road, Suite F, (925) 827-1231
The Mediterranean (Vegan Friendly/Mediterranean), 1847 B Willow Pass Road, (925) 825-0608
Veggie Today (Vegetarian/Vietnamese), 1990 Salvio Street, (925) 609-9434

Food Stores -

Harvest House, 2395 Monument Blvd., (888) 655-0728 (www.harvesthouse.com)
Trader Joe's, 1150 Concord Ave, (925) 689-2990 (www.traderjoes.com)
Trader Joe's, 785 Oak Grove Road, (925) 521-1134 (traderjoes.com)

Corte Madera

Restaurants & Food Vendors -

Veggie Grill (Vegan/Californian), 147 Corte Madera Town Center, (415) 945.8954 (www.veggiegrill.com)

Cotati

Restaurants & Food Vendors -

Himalayan Organic Cafe (Vegan Friendly/Himalayan), 572 E Cotati Ave, (707) 242-3470
(www.himalayanorganiccotati.com)
Redwood Cafe (Vegan Friendly/Californian), 8240 Old Redwood Hwy, (707) 795-7868 ([/www.redwoodcafe.com](http://www.redwoodcafe.com))

Cupertino

Restaurants & Food Vendors -

Hobee's (Vegetarian Friendly/Californian), 21267 Stevens Creek Blvd., (408) 255-6010 (www.hobees.com)

Food Stores -

Cupertino Natural Foods, 10255 S De Anza Blvd, (408) 253-1277
Whole Foods Market, 20955 Stevens Creek Blvd, (408) 257-7000 (www.wholefoods.com)

Daly City

Restaurants & Food Vendors -

Nick's Kitchen (Vegan/Filipino), 2449 Geneva Avenue, (415) 349-8370 (www.nickskitchendalycity.com)
Una Mas! (Vegan Friendly/Mexican), 307 South Mayfair Ave, (650) 755-1756

Food Stores -

Trader Joe's, 303 Lake Merced Blvd, (650) 756-2192 (www.traderjoes.com)

Danville

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 720 Camino Ramon, Suite 130, (925) 837-9800
(www.amicis.com/location_details.asp?id=2&d=Danville)
High Tech Burrito (Vegan Friendly/Mexican), 202 Sycamore Valley Road W., (www.hightechburrito.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Trader Joe's, 99 Danville Sq, (925) 838-5757 (traderjoes.com)

Davis

Restaurants & Food Vendors -

Farmer's Kitchen Cafe (Vegan Friendly/Californian), 620 4th St, (530) 756-1862 (www.naturalfoodworks.com)

Dublin

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 4640 Tassajara Road, (925) 875-1600

(www.amicis.com/location_details.asp?id=3&d=Dublin)

Royal Indian Cuisine (Vegetarian Friendly/Indian), 7467 Village Pkwy, (925) 556-0880

El Cerrito

Restaurants & Food Vendors -

The Cerrito Speakeasy Theater (Vegan Friendly/Pizza), 10070 San Pablo Ave., (510) 848-1994

(www.cerritospeakeasy.com)

Food Stores -

El Cerrito Natural Grocery, 10367 San Pablo Ave, (510) 526-1155

Trader Joe's, 225 El Cerrito Plaza, (510) 524-7609 (traderjoes.com)

El Sobrante

Retail Stores -

Wild Bryde Jewelry, 3742 San Pablo Dam Rd, 800-869-9462 (www.wildbryde.com)

Elk Grove

Restaurants & Food Vendors -

Loving Hut (Vegan/Vietnamese), 8355 Elk Grove Blvd., (916) 478-9590 (lovinghut.us/elk_grove_01)

Emeryville

Food Stores -

Trader Joe's, 5700 Christie Avenue, (510) 658-8091 (www.traderjoes.com)

Fair Oaks

Restaurants & Food Vendors -

Sunflower Natural Food Restaurant (Vegetarian/Californian), 10344 Fair Oaks Blvd, (916) 967-4331

(www.sunflowernaturalrestaurant.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Trader Joe's, 5309 Sunrise Blvd, (916) 863-1744 (traderjoes.com)

Fairfax

Restaurants & Food Vendors -

Cafe Lotus (Vegan Friendly/Indian), 1912 Sir Francis Drake Blvd, (415) 457-7836 (cafelotusfairfax.com)

Fair Fix Cafe (Vegan Friendly/Cafe), 33 Broadway, (415) 459-6404

Food Stores -

Good Earth Natural Foods, 1966 Sir Francis Drake Boulevard, 415-454-0123 (www.goodearthnaturalfoods.net)

Fairfield

Food Stores -

Mediterranean Food Center, 823 Texas St, (707) 438-0911

Services -

P & A Vegan Catering, , 707-386-6448 (www.pandavegan.com)

Felton

Food Stores -

New Leaf Market, 6240 Highway 9, (831) 335-7322 (www.newleaf.com)

Catering Companies -

Conscious Eating Cuisine, 270 Moon Meadow Lane,

Fremont

Restaurants & Food Vendors -

Amia Bakery (Vegan Friendly/Bakery/Dessert), 39095 Fremont Hub, (510) 793-8808

Chaat Bhavan (Vegetarian/Indian), 5355 Mowry Ave, (510) 795-1100 (www.chaatbhavan.com)

Chaat House (Vegetarian/Indian), 46465 Mission Blvd, (510) 505-9999 (www.chaatus.com)

JUST FALAFEL (Vegetarian/Mediterranean), 39140 PASEO PADRE PKWY, (510) 797-3000 (www.justfalafel.com)

Krishna Restaurant (Vegetarian/Indian), 40645 Fremont Blvd #1, (510) 656-2336

Food Stores -

Trader Joe's, 39324 Argonaut Way, (510) 794-1386 (traderjoes.com)

Galt

Animal Sanctuaries -

Performing Animal Welfare Society, 11435 Simmerhorn Road, (209) 745-2606 (www.pawsweb.org)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Grass Valley

Animal Sanctuaries -

Animal Place, 17314 McCourtney Road, (530) 477-1757 (www.animalplace.org)

Guerneville

Food Stores -

Food For Humans, 16385 1st St, (707) 869-3612

Half Moon Bay

Restaurants & Food Vendors -

Chez Shea (Vegan Friendly/Eclectic/Fusion), 408 Main Street, (650) 560-9234 (www.chez-shea.com/index.html)

Spanish Town Restaurant (Vegan Friendly/Mexican), 515 Church Street, (650) 726-7357

Food Stores -

New Leaf Market, 150 San Mateo Rd, (650) 726-3110 (www.newleaf.com)

Hayward

Restaurants & Food Vendors -

Buffalo Bills (Vegan Friendly/Pizza), 1082 B Street, (510) 886-9823 (www.buffalobillsbrewery.com)

Pot Pie Paradise & Deli (Vegan Friendly/Deli/Sandwich), 3522 Arden Road, (510) 781-4994 (www.potpieparadise.com)

Thai Garden Restaurant (Vegan Friendly/Thai), 20955 Mission Blvd., (510) 278-4224 (www.thaigardenonline.com)

Veggie Lee (Vegetarian/Chinese), 25036 Hesperian Blvd, (510) 785-7133 (veggielee.com)

Lafayette

Food Stores -

Open Sesame Specialty Foods, 983 Moraga Road, (925) 283-2207

Trader Joe's, 3649 Mt. Diablo Blvd, (925) 299-9344 (traderjoes.com)

Lakeport

Retail Stores -

Nature's Food Center, 360 Lakeport Blvd, (707) 263-5359

Livermore

Restaurants & Food Vendors -

Casbah Mediterranean Kitchen (Vegan Friendly/Mediterranean), 1770 First St., (925) 243-1477 (www.casbahexotic.com/vegetarian.htm)

Lemon Grass (Vegetarian Friendly/Thai), 2216 1st St., (925) 606-6496 (www.lemongrasslvm.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Los Altos

Food Stores -

Trader Joe's, 2310 Homestead Rd, (408) 245-1917 (traderjoes.com)

Whole Foods Market, 4800 El Camino Real, (650) 559-0300 (www.wholefoods.com)

Services -

Positive Massage Therapy, 895 Sherwood Ave, Suite 1, (650) 814-3949 (www.Positive-Massage.com)

Los Gatos

Restaurants & Food Vendors -

High Tech Burrito (Vegan Friendly/Mexican), 790 Blossom Hill Road , (408) 356-5677 (www.hightechburrito.com)

Food Stores -

Trader Joe's, 15466 Los Gatos Blvd, (408) 356-2324 (traderjoes.com)

Whole Foods Market, 15980 Los Gatos Blvd, (408) 358-4434 (www.wholefoods.com)

Martinez

Food Stores -

Martinez Natural Foods, 708 Ferry St, (925) 228-4747

Mendocino

Restaurants & Food Vendors -

Cafe Beaujolais (Vegan Friendly), 961 Ukiah Street, (707) 937-5614 (www.cafebeaujolais.com)

Lu's Kitchen (Vegetarian/Mexican), 45013 Ukiah St., (707) 937-4939

The Raven's (Vegan/Californian), 44850 Comptche Ukiah Rd, (707) 937-5615 (www.stanfordinn.com/ravens.html)

Food Stores -

The Corners of the Mouth Natural Foods, 45015 Ukiah St, (707) 937-5345

Lodging -

The Stanford Inn, 44850 Comptche Ukiah Rd, (800) 331-8884 (www.stanfordinn.com)

Menlo Park

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 880 Santa Cruz Avenue, (650) 329-8888

(www.amicis.com/location_details.asp?id=12&d=Menlo%20Park)

Flea Street Cafe (Vegetarian Friendly/Eclectic/Fusion), 3607 Alameda de las Pulgas, (650) 854-1226

LuLu's on the Alameda (Vegan Friendly/Mexican), 3539 Alameda de las Pulgas, (650) 854-8226

(www.lulusonthealameda.com)

Shiok Singapore Kitchen (Vegan Friendly/Asian (other)), 1137 Chestnut Street, (650) 838-9448 (www.shiokkitchen.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Trader Joe's, 720 Menlo Ave, (650) 323-2134 (www.traderjoes.com)

Mill Valley

Restaurants & Food Vendors -

Avatar's Punjabi Burrito (Vegan Friendly/Indian), 15 Madrona Street, (415) 381-8293

Boo Koo (Vegan Friendly/Asian (other)), 25 Miller Ave, (415) 888-8303 (eatbookoo.com)

Cafe del Soul (Vegan Friendly/Cafe), 247 Shoreline Highway, (415) 388-1852 (www.ourcafedel soul.com)

Sol Food (Vegan Friendly/Puerto Rican), 401 Miller Ave, (415) 380-1986 (www.solfoodrestaurant.com)

Tony Tutto Pizza (Vegetarian/Pizza), 246 E. Blithedale Ave., (415) 383-8646 (www.tonytuttopizza.com)

Food Stores -

Whole Foods Market, 414 Miller Ave., (415) 381.1200 (www.wholefoods.com)

Millbrae

Restaurants & Food Vendors -

SFO - San Francisco Intl Airport (Vegan Friendly), , (650) 821-5000 (www.flysfo.com)

Food Stores -

Trader Joe's, 765 Broadway Ave, (650) 259-9142 (traderjoes.com)

Milpitas

Restaurants & Food Vendors -

Banana Leaf (Vegetarian Friendly/Mediterranean), 182 Ranch Drive, (408) 719-9811 (www.bananaleaf-usa.com)

Dackao Sandwiches (Vegetarian Friendly/Vietnamese), 75 South Abel St, (408) 946-3668

Loving Hut (Vegan/Vietnamese), 516 Barber Lane, (408) 943-0250 (www.lovinghut.us)

Milan Sweet Center (Vegetarian/Indian), 296 S Abel St, (408) 946-2525

New India Chaat Cafe (Vegetarian/Indian), 454 South Main St, (408) 945-0900 (www.niccafe.com)

The Green Barn (Vegan/Asian (other)), 190 Ranch Dr., (408) 263-8098 (nbarnrestaurant.com)

Tirupathi Bhimas (Vegetarian/Indian), 1208 S. Abel Street, (408) 945-1010 (www.tirupathibhimas.com)

Services -

Let Them Eat Cake! The Allergy-Friendly Patisserie, 45 Sun Song, (408) 940-6887 (www.allergyfriendlypastries.com)

Mountain View

Restaurants & Food Vendors -

Amarin Thai Cuisine (Vegan Friendly/Thai), 174 Castro St, (650) 988-9323 (www.amarinthaicuisine.com)

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 790 Castro Street, (650) 961-6666

(www.amicis.com/location_details.asp?id=4&d=Mountain%20View)

Chaat Paradise (Vegetarian/Indian), 165 E. El Camino Real, (650) 965-1111 (www.chaatparadise.com)

Garden Fresh (Vegan/Chinese), 1245 W El Camino Real, (650) 254-1688 (www.gardenfresh.us)

Hobee's (Vegetarian Friendly/Californian), 2312 Central Expressway, (650) 968-6050 (www.hobees.com)

Passage To India (Vegetarian Friendly/Indian), 1991 W El Camino Real, (650) 969-9990 (www.passagetointia.net)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Passage To India (Vegetarian Friendly/Indian), 1100 W El Camino Real, (650) 964-5532 (www.passagetoindia.net)
Sunny Bowl (Vegan Friendly/Korean), 1477 Plymouth St, (650) 625-0361 (sunnybowl.com)
Veggie Grill (Vegan/Cafe), 565 San Antonio Rd, (650) 559-1535 (VeggieGrill.com)
Yam Leaf Bistro (Vegetarian/Mexican), 699 Calderon Ave., (650) 940-9533 (www.yamleafbistro.com)

Food Stores -

Bumblebee Health Foods, 601 Escuela Ave, 650-968-3131
Trader Joe's, 590 Showers Drive, (650) 917-1013 (www.traderjoes.com)

Services -

COGNEO, 1094 Nilda Ave, (650) 386-6085 (www.cogneo.com)
Veg Essentials 101, , (415) 913-0748 (www.vegessentials101.com/cooking-classes)

Murphys

Restaurants & Food Vendors -

Mineral (Vegetarian/Eclectic/Fusion), 419 Main St. Ste. B, (209) 728-9743 (www.mineralrestaurant.com)

Napa

Restaurants & Food Vendors -

Aroma Indian Cuisine (Vegan Friendly/Indian), 3012 Jefferson Street, (707) 927-3347 (www.aromanapa.com)
C Casa (Vegan Friendly/Mexican), 610 1st St, #B, (707) 226-7700
JuJu's Mediterranean Kitchen (Vegan Friendly/Mediterranean), 3375 California Way, (707) 226-6537 (www.jujukitchen.com)
Mango on Main (Vegan Friendly/Thai), 1142 Main St., (707) 253-0888 (www.mangoonmain.com/menu)
Melted (Vegan Friendly/Deli/Sandwich), 966 Pearl St, (707) 392-9669 (www.meltednapavalley.com)
MOD Pizza (Vegan Friendly/Pizza), 304 Soscol , (707) 346-6758 ([/modpizza.com/menu](http://modpizza.com/menu))
Small World Cafe (Vegan Friendly/Mediterranean), 932 Coombs St, (707) 224-7743 (worldcafenapa.com)
Sweetie Pies (Vegan Friendly/Bakery/Dessert), 520 Main St., (707) 257-8817
Three Twins Ice Cream (Vegan Friendly/Bakery/Dessert), 610 1st St, (707) 257-TWIN

Food Stores -

Trader Joe's, 3654 Bel Aire Plaza, (707) 256-0806 (traderjoes.com)
Whole Foods Market, 3682 Bel Aire Plaza, (707) 224-6300 (lefoodsmarket.com)

Animal Sanctuaries -

Ella's Cat House & Catnip Bar, 1009 Caymus St., (707) 501-0016 (www.jamesonanimalrescueranch.org/cathouse)

Newark

Restaurants & Food Vendors -

Indian Palace (Vegan Friendly/Indian), 5733 Stevenson Blvd, (510) 623-9099
Woodlands (Vegetarian/Indian), 39203 Cedar Blvd, (510) 494-9727 (njsgourmet.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Nicasio

Animal Sanctuaries -

Rancho Compassion, , (ranchocompassion.org)

Novato

Restaurants & Food Vendors -

Anokha Cuisine of India (Vegan Friendly/Indian), 811 Grant Ave, (415) 892-3440 (www.anokharestaurant.com)

Fresh Choice (Vegan Friendly/Salad Bar), 124 Vintage Way, (415) 897-9593 (www.freshchoice.com)

Food Stores -

Trader Joe's, 7514 Redwood Blvd, (415) 898-9359 (traderjoes.com)

Catering Companies -

Are You Being Served Catering, 1537 4th Street , (415) 898-0163 (www.areyoubeingservedcatering.com)

Oakland

Restaurants & Food Vendors -

Amba (Vegetarian Friendly/Mediterranean), 6464 Moraga Ave, (510) 339-8000 (ambafalafel.com)

Cafe Colucci (Vegan Friendly/Ethiopian), 6427 Telegraph Ave, (510) 601-7999 (www.cafecolucci.com)

Cafe Eritrea D'Afrique (Vegetarian Friendly/Ethiopian), 4069 Telegraph Avenue, (510) 547-4520

Core Kitchen (Vegan/Cafe), 499 14th St. #119, (510) 350-8406 ([/eatcorekitchen.com](http://eatcorekitchen.com))

Crepevine (Vegetarian Friendly/Californian), 5600 College Ave, (510) 658-2026

Dimond Slice (Vegetarian/Pizza), 2208 MacArthur Blvd, (510) 842-8773 (izza.com)

Golden Lotus (Vegan/Vietnamese), 1301 Franklin, (510) 893.0383

Great Wall (Vegan Friendly/Chinese), 6247 College Ave, (510) 658-8458 (greatwalloakland.com)

Lanesplitter Pizza & Pub (Vegan Friendly/Pizza), 4799 Telegraph Ave., (510) 653-5350 (www.lanesplitterpizza.com)

Lanesplitters (Vegan Friendly/Pizza), 536 Lake Park Ave, (510) 893-4001‎

Millennium (Vegan/Californian), 5912 College Ave, 510.735.9459 (www.millenniumrestaurant.com)

Mimosa Cafe (Vegetarian Friendly/Californian), 462 Santa Clara Ave, (510) 465-2948

Nan Yang (Vegan Friendly/Burmese), 6048 College Ave., (510) 655-3298

Nature Vegetarian Restaurant (Vegan/Chinese), 1116 Franklin St, (510) 238-9688

Pepples Donut Farm (Vegan/Cafe), 6037 San Pablo Ave., (510) 338-6319 ([/www.vegandonut.farm](http://www.vegandonut.farm))

Saysetha (Vegetarian Friendly/Thai), 6230 Telegraph Avenue, (510) 653-2837

(www.omartreyes.com/web_saysetha.html)

Shangri-La Vegan (Vegan), 4001 Linden Street, (510) 547-1842 (shangri-lavegan.com)

Shangri-La Vegan (Vegan), 4905 Telegraph Ave, (510) 250-9918 (shangri-lavegan.com)

Souley Vegan (Vegan/Southern/Soul), 301 Broadway, (510) 922-1615

The Veg Hub (Vegan/Deli/Sandwich), 2214 MacArthur Blvd, (510) 454-8722 (www.thevegghub.com)

Timeless Coffee (Vegan/Cafe), 4252 Piedmont Av, (510) 985-1360 (timelesscoffeeoasters.com/)

Two Mammas' Vegan Kitchen (Vegan/Cafe), 3700 East 12th Street, 510-606-0596

(www.twomammasvegankitchen.com)

Vegan Donut Gelato (Vegan), 411 E 18th St, (510) 839-8748 ([/www.vegandonutgelato](http://www.vegandonutgelato))

Zachary's Chicago Pizza (Vegan Friendly/Pizza), 5801 College Ave, (510) 655-6385 (zacharys.com/locations/oakland)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Farmer Joe's Market, 3501 MacArthur Blvd., (510) 482-8178
Food Mill, 3033 Macarthur Blvd, (510) 482-3848
Food Mill, 255 W. MacArthur Blvd, (510) 595-3633
Lakeshore Natural Foods, 3321 Lakeshore Ave, (510) 452-1079
Layonna Vegetarian, 443 8th St, (510) 763.3168 (www.layonna.com)
Nature's Best Foods, 1431 Jackson St, (510) 451-4504
Trader Joe's, 5727 College Ave, (510) 923-9428 (www.traderjoes.com)
Whole Foods Market, 230 Bay Place, (510) 834-9800 (www.wholefoods.com)

Farmers Markets -

Mandela Farmers Market, 5th and Mandela Pky.,

Retail Stores -

Topps Salon Day Spa, 713 Washington St, (510) 893-2587 (www.toppsalondayspa.com)

Services -

Affordable Animal Care, , (925) 487-4419 (www.AffordableAnimalCare.com)
Artistry InForms, , (510) 290-6017 (artistryinforms.com)
Cat Sitty, We Doo Doggie, Doo!, Alice Street, (510) 832-0686
Companion Animal Sitting Service, , (510) 452-1094 (www.companionanimalsittingservice.com)
Dalya Massachi/Writing for Nonprofit Success, 678 Thirteenth St, Suite 205, (510) 839-1544 (www.dfmassachi.net)
Funky Tiki LLC Audio Video Media, P.O. Box 11227, (510) 435-3751 (www.funkytiki.com)
Idle Hands Baking Company, 360 Grand Ave. #156, (510) 433-4353
(www.idlehandsbakingcompany.com/Home_Page.html)
Sumaq Vegan, , (sumaqvegan.wixsite.com/mysite)

Catering Companies -

Philip Gelb, Personal Chef and Catering, throughout the bay area, (510) 452 2568 (www.philipgelb.com)
Vegan Local Love Services, , 510-917-0190 (www.localloveservices.com)

Orland

Animal Sanctuaries -

Farm Sanctuary, PO Box 1065, (530) 865-4617 (www.farmsanctuary.org)

Pacifica

Restaurants & Food Vendors -

Pacifica Thai Cuisine (Vegan Friendly/Thai), 1966 Francisco Blvd, (650) 355-1678
Papa Murphy's Take 'N' Bake Pizza (Vegan Friendly/Pizza), 330 Palmetto Ave., (650) 355-7727
(www.papamurphys.com)
Rainbow Island Restaurant (Vegan Friendly/Thai), 55 Aura Vista, (650) 738-0168
Rock'n Rob's (Vegetarian Friendly/Burgers), 450 Dondee Way # 1, (650) 359-3663

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Pacifica Farmers Market, 450 Manor Plz, (650) 355-0668
Palmetto Organic Grocery Unit #4, 2304 Palmetto Av, (650) 349-3400

Services -

Pacifica Pet Hospital, 4300 Coast Hwy, (650) 359-3685 (www.pacificapet.com)
Reiki With Cheryl Dickinson, Bayview, (650) 359-1956 (www.cheryldickinson.com)

Palo Alto

Restaurants & Food Vendors -

Bangkok Cuisine (Vegan Friendly/Thai), 407 Lytton Ave, (650) 322-6533 (www.amarinthaicuisine.com)
Cafe Brioche (Vegan Friendly/French), 445 S California Avenue, (650) 326-8640
(www.cafebriochePALOALTO.com/menu.php)
Calafia Cafe & Market a-Go-Go (Vegan Friendly/Cafe), 855 El Camino Real, (650) 322-9200 (www.calafiapaloalto.com)
Crepevine (Vegetarian Friendly/French), 367 University Avenue, (650) 323-3900
Da Sichuan Bistro (Vegetarian Friendly/Chinese), 3781 El Camino Real, (650) 849-2000
Darbar Indian Cuisine (Vegan Friendly/Indian), 129 Lytton St., (650) 321-6688
Garden Fresh (Vegan/Chinese), 460 Ramona St, (650) 462-9298 (gardenfresh.us)
Hobee's (Vegetarian Friendly/Californian), 4224 El Camino Real, (650) 856-6124 (www.hobees.com)
Homma's Brown Rice Sushi (Vegan Friendly/Japanese/Sushi), 2363 Birch, (650) 327-6118
Hunan Garden (Vegetarian Friendly/Chinese), 3345 El Camino Real, (650) 565-8868 (hunangarden.citysearch.com)
Jing Jing Original Szechwan Hunan Gourmet (Vegan Friendly/Chinese), 443 Emerson Street, (650) 328-6885
Kan Zeman (Vegetarian Friendly/Mediterranean), 274 University Ave, (650) 328-5245 (www.kanzeman.com)
Mediterranean Wraps (Vegan Friendly/Middle Eastern), 425 S. California Ave, (650) 321-8189
(www.kanzeman.com/medwraps.htm)
P.F. Chang's China Bistro (Vegan Friendly/Chinese), 900 Stanford Shopping Center, (650) 330-1782
(www.pfchangs.com)
Szechwan Cafe (Vegan Friendly), 406 S California Ave, (650) 327-1688
True Food Kitchen (Vegan Friendly/Californian), 180 El Camino Real Suite 1140, (650) 272-5157
(www.truefoodkitchen.com)
Vino Locale (Vegetarian Friendly/Wine), 431 Kipling Street, (650) 328-0450 (www.vinolocale.com)
Zao Noodle Bar (Vegan Friendly/Asian Fusion), 261 University Ave, (650) 328-1988 (www.zaonoodle.com)

Food Stores -

Country Sun Natural Foods, 440 S California Ave, (650) 324-9190 (www.countrysun.com)
Whole Foods Market, 774 Emerson St, (650) 326-8676 (www.wholefoods.com)

Petaluma

Restaurants & Food Vendors -

Afendi's (Vegan Friendly/Middle Eastern), 299 N McDowell Boulevard, (707) 763-1998 (www.afendisturkishgrill.com)
Aram's Cafe (Vegetarian Friendly/Mediterranean), 131 Kentucky St, (707) 765-9775 (www.arams.com)
Lydia's Foods (Vegan/Raw), 1390 N McDowell Blvd Ste E, (707) 992-0776 (lydiasfoods.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Trader Joe's, 169 N. McDowell Blvd, (707) 769-2782 (traderjoes.com)

Whole Foods, 621 E. Washington Ave., (707) 762-9352 (lefoodsmarket.com)

Pleasant Hill

Restaurants & Food Vendors -

Sweet Tomatoes (Vegetarian Friendly/Californian), 40 A Crescent Dr., (925) 676-8493 (www.sweettomatoes.com)

Zachary's Chicago Pizza (Vegan Friendly/Pizza), 140 Crescent Drive, (925) 602-7000

(zacharys.com/locations/pleasant-hill)

Pleasanton

Restaurants & Food Vendors -

3 Potato 4 (Vegan), 1 Stoneridge Mall Rd, (925) 425-7205 (3p4shop.com)

Blossom Vegan (Vegan/Vietnamese), 4000 Pimlico Dr. #112, (925) 399-5232

Fresh Choice (Vegan Friendly/Salad Bar), 2453 Stoneridge Mall Rd., (925) 734-8186 (www.freshchoice.com)

Sweet Tomatoes (Vegetarian Friendly), 4501 Hopyard Rd Ste 1, (925) 463-9285 (www.souplantation.com)

Food Stores -

Trader Joe's, 4040 Pimlico #150, (925) 225-3600 (traderjoes.com)

Redwood City

Restaurants & Food Vendors -

Bravo! Taqueria (Vegan Friendly/Mexican), 980 Woodside Road , (650) 364-3511

(www.bravotaqueria.com/brtHome.htm)

Suraj Indian Cuisine (Vegetarian Friendly/Indian), 2550 El Camino Real, (650) 369-8899

Food Stores -

Apple Health Foods, 1011 El Camino Real, (650) 368-3124

Whole Foods Market, 1250 Jefferson Ave, (650) 367-1400 (www.wholefoods.com)

Whole Life Natural Foods, 344 Woodside Plz, (650) 364-4946

Redwood Shores

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 226 Redwood Shores Parkway, (650) 654-3333

(www.amicis.com/location_details.asp?id=5&d=Redwood%20Shores)

Richmond

Food Stores -

William's Natural Foods, 12249 San Pablo Ave, (510) 232-1911

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Services -

Connie Tritt CPA, 145 Park Place, Suite B, (510) 235-5592 ([/connietrittcpa.com](http://connietrittcpa.com))

Rocklin

Restaurants & Food Vendors -

Baagan (Vegan/Raw), 2620 Sunset Blvd, Ste 1, (916) 824-1688 (www.baagan.com)

Rohnert Park

Restaurants & Food Vendors -

Amy's Drive Thru (Vegetarian/Californian), 58 Golf Course Drive West, (707) 755-3629

Pita Cafe (Vegetarian Friendly/Mediterranean), 6585 Commerce Blvd, (707) 588-9522 (www.pitacafe.net)

Shangri La Cafe & Grill (Vegan Friendly/Himalayan), 1706 E Cotati Ave, (707) 793-0300

Sacramento

Restaurants & Food Vendors -

Andy Nguyen's Vegetarian (Vegetarian/Vietnamese), 2007 Broadway, (916) 736-1157 (www.andynguyenvegetarian.com)

Anna's Vegan Cafe (Vegan), 3500 Stockton Blvd, (916) 451-6842 (ancafe.com)

Bodhi Bowl (Vegetarian/Vietnamese), 6511 Savings Pl, Ste 100, (916) 428-4160 (www.bodhibowl.com)

Green Boheme (Vegan/Raw), 1825 Del Paso Blvd, (916) 920-4278 (www.thegreenboheme.com)

Loving Hut (Vegan/Vietnamese), 3500 Stockton Boulevard, (916) 451-6842 (lovinghut.us)

Noble Vegetarian (Vegetarian/Vietnamese), 5049 College Oak Dr Ste A, (916) 334-6060 (www.noblevegetarian.com)

Food Stores -

Sacramento Natural Foods Co-Op, 1900 Alhambra Blvd, (916) 455-2667 (www.sacfoodcoop.com)

Retail Stores -

SK Publishing/Alternative Publishing Company, 2464 Marconi Ave., (916) 488-4150 (www.sunkingpublishing.com)

San Anselmo

Restaurants & Food Vendors -

Orchid Thai (Vegetarian Friendly/Thai), 726 San Anselmo Ave, (415) 457-9470

Publications -

Common Ground, 305 San Anselmo Ave., Suite 313, (415) 459-4900 (commongroundmag.com)

San Carlos

Restaurants & Food Vendors -

Kamakshi's Kitchen (Vegetarian/Indian), 601 Old County Road, (650) 401-6564 (www.kamakshiskitchen.com)

Saffron Indian Bistro (Vegetarian Friendly/Indian), 1143 San Carlos Avenue, (650) 593-4269 (www.SaffronIndianBistro.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Nature's Cupboard-Whole Life, 744 Laurel St, (650) 593-7927
Trader Joe's, 1482 El Camino Real, (650) 594-2138 (traderjoes.com)

San Francisco

Restaurants & Food Vendors -

Al-Masari Egyptian Cuisine (Vegan Friendly/Middle Eastern), 4031 Balboa St, (415) 876-2300 (www.almasrifca.com)
Ali Baba's Cave (Vegetarian Friendly/Middle Eastern), 799 Valencia Street, (415) 863-3054
Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 216 King Street, (415) 546-6666
(www.amicis.com/location_details.asp?id=7&d=San%20Francisco)
Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 2200 Lombard Street, (415) 885-4500
(www.amicis.com/location_details.asp?id=6&d=San%20Francisco)
Ananda Fuara (Vegetarian/Californian), 1298 Market St, (415) 621-1994 (www.anandafuara.com)
Arabi (Vegan Friendly/Middle Eastern), 101 Spear St # 222, (415) 243-8575
Atlas Cafe (Vegan Friendly/Californian), 3049 20th St., (415) 648-1047 (www.atlascfe.net)
Axum Cafe (Vegetarian Friendly/Ethiopian), 698 Haight St, (415) 252-7912 (www.axumcafe.com)
Azteca (Vegetarian Friendly/Mexican), 235 Church St, (415) 255-7330
Bamboo Restaurant (Vegetarian Friendly/Chinese), 1441 Polk Street, (415) 775-3679
Bangkok 16 (Vegan Friendly/Thai), 3214 16th St, (415) 431-5838
Bangkok 900 (Vegan Friendly/Thai), 900 Stanyan Street, (415) 665-5333
Beach Burrito (Vegan Friendly/Californian), 3914 Judah St, (415) 731-2004
Big Lantern Dim Sum (Vegetarian Friendly/Dim Sum), 3170 16th Street, (415) 863-8100 (www.biglantern.com)
Bombay Indian (Vegetarian Friendly/Indian), 2217 Market St, (415) 861-6655 (www.bombayindian.com)
Boogaloos (Vegetarian Friendly/Californian), 3296 22nd Street, (415) 824-4088
Borobudur Restaurant (Vegetarian Friendly/Indonesian), 700 Post St, (415) 775-1512
Boxed Foods Company (Vegetarian Friendly/Deli/Sandwich), 245 Kearny St., (415) 981-9376
(www.boxedfoodscompany.com)
Bur Eat Os (Vegetarian Friendly/Mexican), 545 Sansome St, (415) 362-1384
Burma Super Star (Vegetarian Friendly/Burmese), 309 Clement St., (415) 387-2147 (www.burmasuperstar.com)
Cafe Ethiopia (Vegetarian Friendly/Ethiopian), 878 Valencia St, (415) 285-2728
Cafe Venue (Vegan Friendly/Californian), 70 Leidesdorff Street, (415) 576-1144 (www.cafevenue.com)
Cafe Venue (Vegan Friendly/Californian), 218 Montgomery St., (415) 989-1144 (www.cafevenue.com)
Canto do Brasil (Vegan Friendly/Brazilian), 41 Franklin Street, (415) 626 - 8727
Casa Mexicana (Vegetarian Friendly/Mexican), 3917 24th St, (415) 648-0477
Cha-Ya (Vegan/Japanese/Sushi), 762 Valencia St, (415) 252-7825
Chaat Cafe (Vegan Friendly/Indian), 320 3rd Street, (415) 979-9946 (www.chaatcafes.com)
Chai-Yo (Vegan Friendly/Thai), 1331 Polk Street, (415) 771-2562
Chow (Vegetarian Friendly/Eclectic/Fusion), 215 Church St., (415) 552-2469
Club Waziema (Vegan Friendly/Ethiopian), 543 Divisadero St, (415) 346-6641 (www.clubwaziema.com)
Core Elations (Vegan/Raw), One Ferry Building, (831) 262-1928
Core Kitchen (Vegan/Cafe), 1028 Market St, (415) 935-0469 (/eatcorekitchen.com)
Crepevine (Vegetarian Friendly/Californian), 624 Irving St, (415) 681-5858
Crepevine (Vegetarian Friendly/Californian), 216 Church St, (415) 431-4646
Daily Health (Vegetarian/Deli/Sandwich), 1235 9th Ave., (415) 681-7675
Dinosaurs (Vegan Friendly/Vietnamese), 16th Street at Prosper, (www.yelp.com/biz/dinosaurs-san-francisco)
Dolores Park Cafe (Vegan Friendly/Californian), 501 Dolores St., (415) 621-2936 (www.doloresparkcafe.org)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Donna's Tamales (Vegetarian/Mexican), Ferry Building, (415) 456-2191 (www.donnastamales.com)
Dosa (Vegan Friendly/Indian), 995 Valencia Street, (415) 642-3672 (www.dosasf.com)
Dusit Thai Restaurant (Vegan Friendly/Thai), 3221 Mission Street, (415) 826-4639
El Metate (Vegan Friendly/Mexican), 2406 Bryant St., (415) 641-7209
Enjoy Vegetarian (Vegetarian/Chinese), 754 Kirkham Street, (415) 682-0826 (enjoyveggie.com)
Enjoy Vegetarian (Vegetarian/Chinese), 839 Kearny St, (415) 956-7868 (enjoyveggie.com)
Fattoush (Vegetarian Friendly/Mediterranean), 1361 Church St, (415) 641-0678 (fattoush.com)
Firefly Restaurant (Vegan Friendly/Californian), 4288 24th St, (415) 821-7652 (www.fireflyrestaurant.com)
Gelateria Naia (Vegetarian/Bakery/Dessert), 451 Castro St, (415) 864-6670
Gelateria Naia (Vegan Friendly/Cafe), 520 Columbus Ave, (415) 677-9280 (www.gelaterianaia.com)
Golden Era (Vegan/Vietnamese), 395 Golden Gate Av, (415) 487-8687 (www.goldeneravegan.com)
Gracias Madre (Vegan/Mexican), 2211 Mission Street, (415) 683-1346 (www.gracias-madre.com)
Greens Restaurant (Vegetarian/Californian), Fort Mason Bldg A, (415) 771-6222 (greensrestaurant.com)
Hanabi Sushi (Vegan Friendly/Japanese/Sushi), 509 Haight Street, (415) 621-1500
Harvest and Rowe (Vegan Friendly/Deli/Sandwich), 55 2nd Street, (415) 541-7771 (www.harvestandrowe.com)
Harvest Urban Market (Vegan Friendly/Deli/Sandwich), 191 8th Street, (415) 621-1000 (www.harvesturban.com)
Holy Gelato (Vegetarian/Bakery/Dessert), 1392 9th Ave, (415) 681-3061 (www.holygelato.com)
Hotel Utah Saloon (Vegan Friendly/Californian), 500 4th Street, (415) 546-6300 (www.thehotelutahsaloon.com)
Ike's (Vegan Friendly/Deli/Sandwich), 3506 16th St., (415) 726-5292
IndoChine (Vegan/Asian Fusion), 508 Valencia St, (415) 701-0700 (indochinevegan.com)
Jasmine Tea House (Vegan Friendly/Chinese), 3253 Mission St, (415) 826-6288 (www.jasmineteahouse.com)
Jay's Cheesesteak (Vegan Friendly/Deli/Sandwich), 3285 21st Street, (415) 285-5200
Jay's Cheesesteak (Vegetarian Friendly/Deli/Sandwich), 553 Divisadero St, (415) 771-5104
Judahlicious (Vegetarian/Cafe), 3906 Judah St., (415) 665-8423 (www.judahlicious.com)
Kathmandu Cafe (Vegetarian Friendly/Nepalese), 1279 Fulton Street, (415) 567-5100 (kathmanducafe.wp.net)
La Copa Loca (Vegan Friendly/Bakery/Dessert), 3150 22nd St, (415) 401-7424 (www.lacopalocagelato.com)
La Mediterranee (Vegetarian Friendly/Mediterranean), 288 Noe St, (415) 431-7210
La Tortilla (Vegetarian Friendly/Mexican), 495 Castro St, (415) 861-3990
Lhasa Moon (Vegetarian Friendly/Tibetan), 2420 Lombard St, (415) 674-9898 (www.lhasamoon.com)
Lightening Foods (Vegetarian Friendly/Californian), 98 Mission St, (415) 777-8222
Little Chihuahua (Vegan Friendly/Mexican), 292 Divisadero St, (thelittlechihuahua.com)
Little Nepal (Vegan Friendly/Nepalese), 925 Cortland Ave, (415) 643-3381
Lotus SF (Vegan Friendly/Indian), 2434 Mission St, (415) 872-9130 (lotussanfrancisco.com)
Love N Haight (Vegetarian/Deli/Sandwich), 553 Haight Street, (415) 252-8190
Loving Hut (Vegan/Vietnamese), 845 Market Street, (415) 975-3888 (lovinghut.us/sf_westfield)
Loving Hut (Vegan/Vietnamese), 524 Irving St, (415) 731-1957 (www.lovinghut.us)
Lucky Creation (Vegetarian/Chinese), 854 Washington St, (415) 989-0818
Maharani Restaurant (Vegetarian Friendly/Indian), 1122 Post, (415) 775-1988 (www.maharanirestaurant.com)
Mandarin Villa (Vegan Friendly/Chinese), Franklin and Oak, (415) 863-2981
Mango Medley (Vegan Friendly/Asian Fusion), 3911 Judah St., (415) 681-3228
Marnee Thai (Vegetarian Friendly/Thai), 1243 9th Avenue, (415) 731-9999
Masala Indian Restaurant (Vegetarian Friendly/Indian), 1220 Ninth Ave, (415) 566-6976
Mijita (Vegetarian Friendly/Mexican), One Ferry Building, (415) 399-0814
(www.ferrybuildingmarketplace.com/html/cafes___restaurants.html#mijita)
Minako Organic Japanese Cuisine (Vegan Friendly/Japanese/Sushi), 2154 Mission St, (415) 864-1888
Mixt Greens (Vegan Friendly/Salad Bar), 120 Sansome Street, (415) 433-6498 (www.mixtgreens.com)
Moki's Sushi and Pacific Grill (Vegan Friendly/Californian), 615 Cortland Ave, (415) 970-9336 (www.mokisushi.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Moya Ethiopian Restaurant & Coffeehouse (Vegan Friendly/Ethiopian), 1044 Folsom St., (415) 431-5544 (www.eatmoya.com)

Naan 'n Curry (Vegetarian Friendly/Indian), 533 Jackson St, (415) 693-0499

Neecha Thai (Vegan Friendly/Thai), 2100 Sutter St, (415) 922-9419

New Ganges (Vegetarian/Indian), 775 Frederick St, (415) 681-4355

New Tree (Vegan Friendly/Cafe), 1 Ecker Pl, San Francisco, CA 94105, (415) 524-6416 (www.newtree.com/en_us/cafe/san-francisco)

Nirvana (Vegan Friendly/Asian Fusion), 544 Castro St., (415) 861-2226

Nook Cafe (Vegan Friendly/Cafe), 1500 Hyde St, (415) 447-4100 (www.cafenook.com)

Nourish Cafe (Vegan/Cafe), 189 6th Av, (www.nourishcafesf.com)

Outerlands (Vegan Friendly/Cafe), 4001 Judah St., (415) 661-6140 (outerlandssf.blogspot.com)

Papalote (Vegan Friendly/Mexican), 3409 24th Street, (415) 970-8815

Peace Cafe (Vegetarian Friendly/Cafe), 1665 Haight Street, (415) 864-1978 (www.redvic.com)

Peasant Pies (Vegan Friendly/Bakery/Dessert), 1039 Irving St, (415) 731-1978 (www.peasantpies.com)

Peasant Pies (Vegan Friendly/Bakery/Dessert), 4108 24th St, (415) 642-1316 (www.peasantpies.com)

Pena Pachamama (Vegan/Bolivian), 1630 Powell Street , (415) 646-0018 (pachamamacenter.org)

Phuket Thai (Vegetarian Friendly/Thai), 248 Divisadero St., (415) 864-8584

Pizza Orgasmica (Vegan Friendly/Pizza), 3157 Fillmore St, (415) 931-5300 (www.pizzaorgasmica.com)

Pizza Orgasmica (Vegan Friendly/Pizza), 823 Clement St, (415) 386-6000

Powersource Juice Bar (Vegan Friendly/Juice Bar), 81 Fremont Street, (415) 896-1312

Ramblas Tapas Bar (Vegan Friendly/Tapas/Small Plates), 557 Valencia St., (415) 565-0207 (www.ramblastapas.com)

Ritual Coffee Roasters (Vegan Friendly/Cafe), 1026 Valencia Street, (415) 641-1024 (ritualroasters.com)

Saha (Vegetarian Friendly/Mediterranean), 1075 Sutter St, (415) 345-9547 (www.sahasf.com)

Samovar Tea Lounge (Vegan Friendly/Eclectic/Fusion), 498 Sanchez St, (415) 626-4700 (www.samovartea.com)

San Francisco Soup Company (Vegan Friendly/Californian), 201 Mission Street, (415) 278-9878 (www.sfsoupco.com)

Shangri-La (Vegetarian/Chinese), 2026 Irving Street, (415) 731-2548

Shizen Vegan Sushi Bar & Izakaya (Vegan/Japanese/Sushi), 370 14th St, (415) 678-5767 (www.shizensf.com)

Soluna (Vegan Friendly/Californian), 272 McAllister St., (415) 621-2200 (www.solunasf.com)

Sparky's (Vegan Friendly/Californian), 242 Church St, (415) 626-8666

Spicy Bite (Vegan Friendly/Indian), 3501 Mission Street, (415) 647-4036 (spicy-bite.com)

St. Francis Fountain (Vegan Friendly/Deli/Sandwich), 2801 24th Street, (415) 826-4200 (www.stfrancisfountainsf.com)

Sun Rise Restaurant (Vegan Friendly/Mexican), 3126 24th Street, (415) 206-1219

Sunrise Deli (Vegan Friendly/Middle Eastern), 2115 Irving St, (415) 664-8210

Suppenkuche (Vegan Friendly/German), 525 Laguna St, (415) 252-9289 (www.suppenkuche.com)

Taco Los Altos (Vegan Friendly/Mexican), 737 Cortland Street, (415) 821-0701

Taste of the Himalayas (Vegan Friendly/Nepalese), 2420 Lombard Street, (415) 674-9898

Thai House Express (Vegan Friendly/Thai), 901 Larkin St., (415) 441-2248 (www.thhexpress.com)

Thai Idea Vegetarian (Vegetarian/Thai), 710 Polk Street, (415) 440-8344 (www.thaiideaveggie.com)

Thai Place II (Vegan Friendly/Thai), 312 Divisadero St, (415) 552-6881

Thailand Restaurant (Vegetarian Friendly/Thai), 438A Castro St, (415) 863-6868

The Pizza Place on Noriega (Vegan Friendly/Pizza), 3901 Noriega St, (415) 759-5752 (www.pizzaplacesf.com)

The Plant Cafe Organic (Vegan Friendly), 3352 Steiner Street, (415) 931-2777 (www.theplantcafe.com)

The Plant Cafe Organic (Vegan Friendly), Pier 3, Suite 108, The Embarcadero, (415) 984-1973 (theplantcafe.com)

The Plant Cafe Organic (Vegan Friendly/Californian), 101 California St, (415) 693-9730 (www.theplantcafe.com)

Tokyo Express (Vegan Friendly/Japanese/Sushi), 160 Spear Street, (415) 348 1732 (sftokyoexpress.com)

Tokyo Express (Vegan Friendly/Japanese/Sushi), 660 Sacramento Street, (415) 956 3040 (sftokyoexpress.com)

Tricolore Cafe & Pizzarea (Vegan Friendly/Italian), 590 Washington St, (415) 391-0509 (www.tricoloresf.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Udupi Palace (Vegetarian/Indian), 1007 Valencia St, (415) 970-8000 (www.udupipalaceca.com)
Udupi Palace (Vegetarian/Indian), 3242 Scott St, (415) 447-8400 (www.udupipalaceca.com)
Valentina Ristorante (Vegan Friendly/Italian), 419 Cortland Ave, (415) 285-6000
Vegan Picnic (Vegan/Deli/Sandwich), 1977 A Union Street , (415) 323-3043
VeganBurg (Vegan/Burgers), 1466 Haight St, 415-548-8000 (veganburg.com)
Wholesome Bakery (Vegan/Bakery/Dessert), 331 Cortland Avenue, (415) 343-5414 (www.wholesomebakery.com)
Wild Pepper Chinese Restaurant (Vegan Friendly/Chinese), 3601 26th St, (415) 695-7678 (WildPepperSF.com)
Yumma's Mediterranean Grill (Vegan Friendly/Mediterranean), 721 Irving St, (415) 682-0762
Zante's Pizza & Indian Food (Vegetarian Friendly/Indian), 3489 Mission St., (415) 821-3949 (www.zantespizza.com)

Food Stores -

Buffalo Whole Food & Grain Co, 598 Castro St, (415) 626-7038 (buffalowholefoods.com)
Good Life Grocery, 448 Cortland Ave, (415) 648-3221
Green Earth Natural Foods, 860 Divisadero St, (415) 922-6418
Haight Fillmore Whole Foods, 501 Haight St, (415) 552-6077
Haight Street Market, 1530 Haight, (415) 255-0644
Harvest Ranch Market, 2285 Market St, (415) 626-0805
Other Avenues, 3930 Judah St, (415) 661-7475 (otheravenues.coop)
Rainbow Grocery, 1745 Folsom St, (415) 863-0621 (www.rainbowgrocery.org)
Real Food Company, 2141 Polk St., (415) 673-7420
Real Food Company, 3060 Fillmore St, (415) 567-6900
Taravel Produce Market, 1215 Taraval St, (415) 664-7388
Thoms Natural, 5843 Geary Blvd, (415) 387-6367
Trader Joe's, 3 Masonic Ave, (415) 346-9964 (www.traderjoes.com)
Trader Joe's, 555 Ninth St., (415) 863-1292 (www.traderjoes.com)
Trader Joe's, 401 Bay Street, (415) 351-1013 (traderjoes.com)
Valencia Whole Foods, 999 Valencia St, (415) 285-0231
Village Market, 4555 California St, (415) 221-0445
Whole Foods Market, 1765 California St, (415) 674-0500
Whole Foods Market, 399 4th Street, (415) 618-0066 (wholefoods.com/stores/list_CA-n.html)
Whole Foods Market, 3950 24th St, (415) 282-4700 (www.wholefoodsmarket.com)
Whole Foods Market, 450 Rhode Island St, (415) 552-1155 (www.wholefoodsmarket.com)

Farmers Markets -

Alemanys Farmers' Market, 100 Alemany Blvd, (415) 647-9423
Ferry Plaza Farmers Market, One Ferry Building, (415) 291-3276 (www.ferrybuildingmarketplace.com)
Noe Valley Farmers' Market, 24th Street, (415) 248-1332 (www.noevalleyfarmersmarket.com)
The Cannery Farmers Market, 2801 Leavenworth Street, (415) 771-3112 (www.delmontesquare.com)

Services -

Bonnie Knight Piano Studio, 26th Avenue, see email below
Botanical Nutrition Consulting, , (415) 407-8623 (www.botanicalnutrition.com)
David Pressman, Patent Attorney, 1070 Green St #1402, (415) 776-3960 (www.PatentItYourself.com)
Dr. Michael R. Edelstein, Clinical Psychologist, Opera Plaza, 601 Van Ness Ave., (415) 673-2848 (www.ThreeMinuteTherapy.com)
Gayatri Institute and Healing Arts, Haight St, (415) 861-6250 (www.gayatrihealing.com)
Having What You Want, Folsom, (415) 967-3669 (www.havingwhatyouwant.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Inbloom Foods, , (415) 482 9727 (www.inbloomfoods.com)
Kim Flourney Website Development, , (415) 235-2986 (www.kimflourney.com)
Law Office of Miller and Miller, 1390 Market Street, #1204, (415) 522-0500
O'Grady Law Group, 50 California Street, 35th Floor, (415) 986-8500 (www.ogradylaw.com)
SunLight Yoga, , (415) 939 9642 (www.sunlightyoga.com)
The Animal Law Office, 2404 California St #4, (415) 297-3109 (www.animalattorney.com)
Therapeutic Massage for Health & Well-Being, Folsom St., (415) 254-4763 (www.LittleEpiphany.com/massage.htm)
ultraWriting, 680 9th Avenue, Apt. B, (415) 378-9743 (www.ultrawriting.com)
Violet Sweet Shoppe, , (916) 201-8230 (violetsweetshoppe.com)
World Class House (and Pet) Sitting, San Francisco, See email/website (www.worldclasshousesitting.com)

Publications -

VegNews Magazine, PO Box 320130, (415) 665-NEWS (www.vegnews.com)

Catering Companies -

Earthen Feast Personal Chef and Catering Services, , (415) 317-2005 (www.earthenfeast.com)
Jesse Miner - Vegan Personal Chef, , (650) 274-8089 (www.chefjesseminer.com)
Shanta's Vegetarian Ethnic Kitchen, , (415) 682-9104 (www.nimbarka.org)
Two Figs Kitchen, , (twofigskitchen.wordpress.com)

San Jose

Restaurants & Food Vendors -

Amarin Thai Cuisine (Vegetarian Friendly/Thai), 5235 Prospect Rd, (408) 253-8424 (www.amarinthaicuisine.com)
Blue Mango (Vegan Friendly/Thai), 635 Coleman Ave, (408) 885-9222 (www.bluemangocuisine.com)
Casa Vicki (Vegetarian Friendly/Mexican), 792 E. Julian, (408) 995-5488 (www.casavicky.com)
Di Lac (Vegetarian/Vietnamese), 1644 E Capitol Expy, (408) 238-8686 (www.dilac.com)
Gojo Ethiopian Restaurant (Vegan Friendly/Ethiopian), 1261 W. San Carlos Street, (408) 295-9546 (www.gojobet.com)
Golden Bamboo (Vegan/Vietnamese), 3245 S White Rd, (408) 270-8350
Good Karma (Vegan/Deli/Sandwich), 37 S. 1st Street, (408) 294-2694 (www.goodkarmavegancafe.com)
Happiness Cafe (Vegan/Chinese), 1688 Hostetter Road, (408) 573-8699 (www.happiness-cafe.com)
Hobee's (Vegetarian Friendly/Californian), 680 River Oaks Plaza, Suite P, (408) 232-0190 (www.hobees.com)
Loving Hut (Vegan/Vietnamese), 925 Blossom Hill Road, (408) 229-2795 (www.lovinghut.us)
Pho Bac So 1 (Vegan Friendly/Vietnamese), 1092 North First St, (408) 297-1102
Royal Greens (Vegetarian/Chinese), 1071 S De Anza Blvd., (408) 863-0707 (www.RoyalGreensVeggie.com)
Sogo Tofu (Vegetarian/Chinese), 1610 S De Anza Blvd, (408) 517-8958
Thai White Rock Cafe (Vegetarian Friendly/Thai), 3116 Alum Rock Ave., (408) 729-4843
The Happy Bamboo (Vegan/Vietnamese), 1711 Branham Lane, Suite A9, (408) 694-0740 (www.happybamboo.com)
Tofoo Com Chay (Vegetarian/Deli/Sandwich), 388 E Santa Clara St, (408) 286-6335
Vegetarian House (Vegan/Vietnamese), 520 E Santa Clara St, (408) 292-3798 (vegetarianhouse.us)
Veggie Grill (Vegan/Californian), 1692 Saratoga Ave #94 , 408 374-4152
Veggie Grill (Vegan/Californian), 3055 Olin Avenue, (408) 296-6473 (www.veggiegrill.com)
Yard House Restaurant (Vegetarian Friendly/Brewpub), 300 Santana Row, (408) 241-9273 (www.yardhouse.com)
Zeni Ethiopian Restaurant (Vegetarian Friendly/Ethiopian), 1320 Saratoga Ave, (408) 615-8282 (zenirestaurant.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Trader Joe's, 5269 Prospect Road, (408) 446-5055 (traderjoes.com)
Trader Joe's, 5353 Almaden Expressway, (408) 927-909 (traderjoes.com)
Trader Joe's, 635 Coleman Ave, (408) 298-9731 (traderjoes.com)

Services -

Black Belt Bakery, 1072 S. DeAnza Blvd. Suite A107-17, (408) 624-6613 (blackbeltbakery.com)
Clean Rooter & Plumbing, 2305 Cherrystone Dr, (408) 802-9623 (cleanrooterandplumbing.net)
Dipti's Kitchen, 5392 Southbridge Pl, (408) 440-2626 (www.diptiskitchen.com)

Catering Companies -

From the Garden, Able to travel though out the Bay Area, (415) 926-0515 (www.itsfromthegarden.com)

San Mateo

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 69 E 3rd Avenue, (650) 373-3440 (www.amicis.com/location_details.asp?id=9&d=San%20Mateo)
Dakshin Indian Restaurant (Vegan Friendly/Indian), 2299 South El Camino Real, (650) 345-4366 (www.dakshinindianrestaurant.com)
Dali Tapas Bar & Restaurant (Vegan Friendly/Spanish), 129 South B Street, (650) 343-2111 (www.sdalirestaurant.com)
Myung Dong Tofu Cabin (Vegetarian Friendly/Korean), 2968 S Norfolk St, (650) 525-1484 (www.tofucabin.com)
Pancho Villa Taqueria (Vegan Friendly/Mexican), 365 B Street, (650) 343-4123 (panchovilla.citysearch.com)
Saigon City Vietnamese Restaurant (Vegetarian Friendly/Vietnamese), 418 3rd Avenue, (650) 340-8878 (www.222.to/saigoncity/menu.asp)
Uncle Chen (Vegetarian Friendly/Chinese), 40 42nd Ave, (650) 572-7989

Food Stores -

Trader Joe's, 1820 Grant St, (650) 570-6140 (traderjoes.com)
Whole Foods Market, 1010 Park Pl, (650) 358-6900 (www.wholefoodsmarket.com/stores/list_CA-n.html)

San Rafael

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 1242 4th St, (415) 455-9777 (www.amicis.com/location_details.asp?id=10&d=San%20Rafael)
Aroma Cafe (Vegetarian Friendly/Mediterranean), 1122 4th Street,
Bangkok Thai Express (Vegan Friendly/Thai), 857 Fourth Street, (415) 453-3350 (www.bangkokthaiexpress.com)
Lotus Chaat & Spices (Vegan Friendly/Indian), 1559 4th Street, (415) 454-6887 (www.lotuschaat.com)
Lotus Cuisine Of India (Vegetarian Friendly/Indian), 704 4th St, (415) 456-5808 (www.lotusrestaurant.com)
Om South Indian Cuisine (Vegan Friendly/Indian), 1518 Fourth St, (415) 458-1779 (www.omcuisine.com)
Royal Thai (Vegan Friendly/Thai), 610 3rd St., (415) 485-1074
Sol Food (Vegan Friendly/Puerto Rican), 901 Lincoln Ave, (415) 451-4765 (www.solfoodrestaurant.com)
Taj of Marin (Vegan Friendly/Indian), 909 4th St, (415) 459-9555 (www.tajofmarin.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

NatuRAW, 851 Irwin Street, Suite 304, 415-456-1719 x 125 (www.naturaw.com)

Trader Joe's, 337 Third Street, (415) 454-9530 (traderjoes.com)

Services -

For The Love of Numbers, , (415) 459-5772 (www.ForTheLoveOfNumbers.com)

Catering Companies -

Peace, Love & Cupcakes, 316 Jewell Street, (914)325-7955 (www.peaceloveandcupcakes.com)

San Ramon

Restaurants & Food Vendors -

Baagan (Vegan/Raw), 21001 San Ramon Valley Blvd, (925) 361-5470 (www.baagan.com)

Zachary's Chicago Pizza (Vegan Friendly/Pizza), 3110 Crow Canyon Pl, (925) 244-1222

(zacharys.com/locations/pleasant-hill)

zpizza (Vegan Friendly/Pizza), 3141-D Crow Canyon Place, (925) 328-0525 (www.zpizza.com)

Food Stores -

Whole Foods Market, 100 Sunset Dr, (925) 355-9000 (www.wholefoodsmarket.com/stores/list_CA-n.html)

Catering Companies -

Neemos Veegie Delight, Browntail Way, (925) 984-2603 (neemos.com)

Santa Clara

Restaurants & Food Vendors -

Amarin Thai Cuisine (Vegan Friendly/Thai), 4300 Great America Parkway #180, (408) 988-2982

(www.amarinthaicuisine.com)

Bangalore Cafe (Vegetarian/Indian), 3077 El Camino Real, (408) 984-6601 (bangalorecafe.net/index.html)

Dasaprakash (Vegetarian/Indian), 2636 Homestead Rd., (408) 246-8292 (www.dasaprakash.com)

Deedee's Indian Fast Food (Vegetarian/Indian), 341 Lafayette St Ste 101, (650) 967-0568

Dosa Place (Vegetarian/Indian), 2665 El Camino Real, (408) 243-3672

Empress Of India (Vegetarian Friendly/Indian), 3426 El Camino Real, (408) 296-0717

Radhe Chaat (Vegetarian/Indian), 3402 El Camino Real, (408) 708-9666 (www.radhechaat.com)

Services -

Notary In Motion, , (408) 355-0436

Santa Cruz

Restaurants & Food Vendors -

Alfresco (Vegetarian/Californian), 1520 Pacific Ave. K1, (831) 429-1765 (www.alfrescosantacruz.com)

Black China Bakery (Vegan Friendly/Bakery/Dessert), 104 Bronson Street, (831) 457-2068‎

Charlie Hong Kong (Vegan Friendly/Chinese), 1141 Soquel Avenue, (831) 426-5664 (www.charliehongkong.com)

Falafel of Santa Cruz (Vegan Friendly/Middle Eastern), 1501 Mission Street, (831) 459-0486

Hula's Island Grill and Tiki Room (Vegan Friendly/Cuban/Caribbean), 221 Cathcart Street, (831) 426-4852

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

(www.hulastiki.com)

Little Shanghai Chinese Restaurant (Vegan Friendly/Chinese), 1010 Cedar Street, (831) 458-2460

(www.littleshanghai.com)

Malabar Cafe (Vegetarian/SriLankan), 514 Front Street, (831) 458-3023

Pearl of the Ocean (Vegan Friendly/SriLankan), 736 Water Street, (831) 457-2350 (www.pearloftheocean.net)

Saturn Cafe (Vegetarian/Californian), 145 Laurel St, (831) 429-8505 (www.saturncafe.com)

The Bagelry (Vegan Friendly), 320 Cedar St., (831) 429-8049

Food Stores -

Food Bin, 1130 Mission St, (831) 423-5526

New Leaf Market, 1134 Pacific Ave, (831) 425-5323 (www.newleaf.com)

New Leaf Market, 2351 Mission St, (831) 426-1306 (www.newleaf.com)

Staff Of Life, 1305 Water St., (831) 423-8632

Trader Joe's, 700 Front St, (831) 425-0140 (traderjoes.com)

Services -

First Primus Mortgage, 1414 Soquel Avenue, Suite 212, (831) 515-5651 (www.FirstPrimus.com)

Santa Cruz BAKES, , (831) 508-0722 (santacruzcakes.com)

Vegan Cooking and Nutrition with Radha Vignola, MA & CNC, , (831) 427-3211 (members.cruzio.com/~radha)

Youth Empowered Action Camp, , (www.yeacamp.org)

Animal Sanctuaries -

Hen Harbor, , (henharbor.org)

Santa Rosa

Restaurants & Food Vendors -

East West Cafe (Vegan Friendly/Californian), 557 Summerfield Road, (707) 546-6142

(www.eastwestcafesantarosa.com)

Gaia's Garden (Vegetarian), 1899 Mendocino Ave, (707) 544-2491

Food Stores -

Trader Joe's, 3225 Cleveland Ave, (707) 525-1406 (traderjoes.com)

Trader Joe's, 2100 Santa Rosa Ave, (707) 535-0788 (traderjoes.com)

Animal Sanctuaries -

Goatlandia Sanctuary, 2336 Olivet Ln, (707) 541-5411; (www.goatlandia.org)

Sebastopol

Restaurants & Food Vendors -

Muir's Tea Room (Vegan/Bakery/Dessert), 330 South Main Street, (muirstearoom.com)

Slice Of Life (Vegetarian/Californian), 6970 Mckinley Ave, (707) 829-6627 (www.thesliceoflife.com)

Taste of Nepal (Vegan Friendly/Nepalese), 6761 Sebastopol Ave, #600-700, (707) 861-9398 (tasteofnepalvegan.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Food Stores -

Whole Foods Market, 6910 Mckinley Ave, (707) 829-9801

Catering Companies -

Whole Gourmet Personal Chef, PO Box 1002, (707) 829-2789 (www.wholegourmet.com)

Sierraville

Lodging -

Sierra Hot Springs and Globe Hotel, Campbell Hot Springs Road, 530-994-3773 (www.sierrahotsprings.org)

Sonoma

Animal Sanctuaries -

BrightHaven, 19229 Sonoma Highway, (707) 578-4800 (www.brighthaven.org)

Soquel

Catering Companies -

Convergence Catering, 2551 South Rodeo Gulch suite 2, (831) 469-4643 (www.convergencefoods.com)

South San Francisco

Food Stores -

Trader Joe's, 301 McLellan Dr, (650) 583-640 (traderjoes.com)

Services -

Planet Organics, 405 Victory Ave. Unit D, (800) 956-5855 (www.planetorganics.com)

The FruitGuys, 405 Victory Ave., Unit D, (650) 246-1200 (www.fruitguys.com)

Stockton

Animal Sanctuaries -

Harvest Home Animal Sanctuary, 14741 Wing Levee Road, (209) 465-2985 (www.harvesthomeanimal.org)

Sunnyvale

Restaurants & Food Vendors -

Annapurna Snacks (Vegetarian/Indian), 1112 Elko Drive, (408) 745-1373

Bhavika's Food To Go (Vegetarian/Indian), 1053 E El Camino Real # 8, (408) 243-2118

Chaat House (Vegetarian/Indian), 939 W El Camino Real, (408) 733-1111

Chaat India Cuisine (Vegetarian/Indian), 1082 E El Camino Real, (408) 246-6000 (www.indiachaatcuisine.com)

Great Vegi Land (Vegan/Chinese), 562 S Murphy Ave, (408) 735-8040

Hobee's (Vegetarian Friendly/Californian), 800 Ahwanee Ave., (408) 524-3580 (www.hobees.com)

Komala Vilas (Vegetarian/Indian), 1020 E. El Camino Real, (408) 733-7400 (www.komalavilas.com)

Madras Cafe (Vegetarian/Indian), 1177 W El Camino Real, (408) 737-2323 (www.madrascafe.us)

Madura (Vegetarian/Indian), 1635 Hollenbeck Ave, (408) 245-2111 (www.maduraindiancuisine.com)

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Merit Vegetarian (Vegan/Vietnamese), 548 Lawrence Expressway #2, (408) 245-8988 (www.meritvegetarian.com)
Panchavati (Vegetarian/Indian), 460 Persian Dr # 2, (408) 734-9335
Saravana Bhavan (Vegetarian/Indian), 1305 S. Mary Ave., (408) 616-7755 (www.saravanabhavan.com)

Food Stores -

Trader Joe's, 727 Sunnyvale Saratoga Rd, (408) 481-9082 (traderjoes.com)

Services -

In the Moment Computing, 1030 E. El Camino Real #336, (408) 246-3707 (www.ITMcomputing.com)

Ukiah

Restaurants & Food Vendors -

Jyun Kang Vegetarian Restaurant (Vegetarian/Chinese), 2001 Talmage Road, (707) 463-0939
(www.cttbusa.org/jyunkang/jk.asp)

Vacaville

Restaurants & Food Vendors -

Amici's East Coast Pizzeria (Vegan Friendly/Pizza), 1679 E. Monte Vista Ave, (707) 451-7777
(www.amicis.com/location_details.asp?id=11&d=Vacaville)

Animal Sanctuaries -

Animal Place's Rescue Ranch, , (530) 477-1757 ([/animalplace.org/rescue-ranch](http://animalplace.org/rescue-ranch))
PreetiRang Sanctuary, , (preetirangsanctuary.org)

Vallejo

Restaurants & Food Vendors -

China Wok (Vegan Friendly/Chinese), 512 Sacramento St, (707) 645-2008
Java Jax (Vegan Friendly/Cafe), 1700 Sonoma Blvd, (707) 645-9556
MOD Pizza (Vegan Friendly/Pizza), 163 Plaza Dr, (707) 350-9340 ([/modpizza.com/menu](http://modpizza.com/menu))
Mountain Mike's (Vegan Friendly/Pizza), 4380 Sonoma Blvd, 707-980-6696 ([/www.mountainmikespizza.com](http://www.mountainmikespizza.com))
Mountain Mike's (Vegan Friendly/Pizza), 972 Admiral Callaghan Lane, Ste D, 707-515-6930
([/www.mountainmikespizza.com](http://www.mountainmikespizza.com))
Pho Saigon Village (Vegan Friendly/Vietnamese), 3636 Sonoma Blvd, (707) 534-6286
Taj Grill (Vegan Friendly/Indian), 758 Admiral Callaghan Ln , (707) 644-4902 (www.vallejotajgrill.com)
Vaishnu Express Cafe (Vegetarian/Indian), 4380 Sonoma Boulevard Ste #135, (707) 557-5460

Retail Stores -

Vallejo Yoga, 532 Georgia Street , (707) 590-0669 (www.vallejoyoga.com)

Services -

All in All Vegan, 128 North Camino Alto,, (510) 299-6293 ([/allinallvegan.com](http://allinallvegan.com))

The Ultimate Guide to Vegetarian Living in the San Francisco Bay Area

Walnut Creek

Restaurants & Food Vendors -

- Babalou's Mediterranean (Vegan Friendly/Mediterranean), 1645 Bonanza Street, (925) 930-8000 (www.babalous.com)
Cream (Vegan Friendly/Bakery/Dessert), 1372 North Main Street, (925) 891-4041 (creamnation.com)
Ikes Love and Sandwiches (Vegan Friendly/Deli/Sandwich), 1159 Locust St, (925) 944-4755 (ilikeikesplace.com/walnut-creek)
Kama Sushi (Vegan Friendly/Californian), 3116 Oak Rd, (925) 482-0372
Mixed Grain (Vegan Friendly/Korean), 1546 Bonanza St, (925) 938-5959 (www.mixedgrain.com)
True Food Kitchen (Vegan Friendly/Californian), 120 Broadway Lane Building #4 Space #1044, (925) 952-7314 (www.truefoodkitchen.com)
Veggie Grill (Vegan/Californian), 1320 Locust St., (925) 942-1024 (www.veggiegrill.com)

Food Stores -

- Whole Foods Market, 1333 Newell Ave, (925) 274-9700 (www.wholefoodsmarket.com/stores/list_CA-n.html)
Whole Foods Market, 2941 Ygnacio Valley Rd., (925) 269-9010 (www.wholefoodsmarket.com/stores/ygnaciovalleyroad)

Watsonville

Food Stores -

- Whole Foods Market, 3 Hangar Way, (831) 722-0545

--- DONATE -----CUT HERE -----

Donations to BAVeg are tax-deductible as allowed by law. We are a non-profit organization/corporation with 501(c)(3) status, funded by donations and volunteer support.

YES! I want to help support and promote vegetarianism in the San Francisco Bay Area. Please check all that apply.

Enclosed is my donation to support Bay Area Vegetarians and their education and outreach programs.

\$5 \$10 \$25 \$50 \$100 Other

You may publically acknowledge my donation on your website

Please make checks payable to Bay Area Vegetarians. Additionally, you may send a donation using a credit card via PayPal www.bayareaveg.org/donate.htm

Yes, please contact me about volunteering (email address requested)

Yes, I'd like to subscribe to the monthly BAV News (email address required)

Name: _____
Address: _____ City: _____
Email: _____ Phone number (optional): _____

100% of your donation goes toward planting the seeds of compassion and good health in the Bay Area and beyond!

Please return to: Bay Area Vegetarians, P.O. Box 371215, Montara, CA 94037